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**ALLEGANY COUNTY, MARYLAND  
STRATEGIC PLAN FOR ALCOHOL AND DRUG ABUSE  
For FY16-17**

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**VISION:** Allegany County- A Healthy, Drug Free Community

**MISSION:** To reduce the incidence and prevalence of alcohol and drug abuse in Allegany County.

**DATA DRIVEN ANALYSIS OF JURISIDICTIONAL NEEDS:**

- Community-Wide Health Needs Assessment 2011
- 2013 YRBSS
- Data from State Epidemiological Outcomes Workgroup
- Western Maryland Health System Emergency Room Data
- Western Maryland Health System Addictions Treatment Data
- Western Maryland Health System/Department of Social Services number of Substance Affected Newborn Deliveries
- Frostburg State University Core Alcohol and Drug Survey
- National College Health Assessment
- Frostburg State University AcoholEdu
- Allegany County Health Department CQI Performance Data, including Aftercare Data
- Department of Juvenile Services Data
- Parole & Probation Input
- Maryland Strategic Prevention Framework Data
- Law Enforcement Data
- County/State Overdose Data
- Maryland Collaborative on College Drinking

**PRIORITIES RANKED IN ORDER:**

- 1) Prevention & Wellness
- 2) Overdose Prevention
- 3) Treatment
- 4) Recovery Support Systems

## **#1 Priority: PREVENTION**

**GOAL 1:** Use a comprehensive prevention approach, including the application of IOM (universal, selective, indicated) and environmental strategies, to reduce alcohol, tobacco and other drug (ATOD) related consumption and consequences.

- Objective 1:** Provide opportunities to educate the community on alcohol, tobacco and other drugs through media campaigns, presentations, and trainings. (ACHD)
- Objective 2:** Reduce youth access to alcohol and tobacco through the utilization of law enforcement to conduct alcohol compliance checks and party/saturation patrols. (ACHD, Law Enforcement)
- Objective 3:** Fund community/faith-based organizations to provide ATOD prevention initiatives for the youth in their communities. (ACHD)
- Objective 4:** Implement Drug Free Communities grant strategies to reduce underage drinking, binge drinking and marijuana use in the city of Frostburg. (Frostburg State University, Frostburg Community Coalition)
- Objective 5:** Provide an SBIRT tool to area OB/GYN practices to assess pregnant women for ATOD use, and to refer those identified to the appropriate service. (ACHD)

**Goal 1 Performance Target:** Reduce ATOD consumption patterns and their consequences.

**Progress:** (To be reported as applicable every six months)

**Objective 1:** Tobacco Newsletter was created and disseminated to Tobacco Free Coalition members and other community agencies/committees. Two tobacco media campaigns were implemented in February regarding heart health and in May for World No Tobacco Day. Over 1,000 individuals were educated on dangers of tobacco in community as well as approximately 2,500 students. One Alcohol/Marijuana campaign was implemented in March. An April media campaign focused on Parents Who Host Lose the Most, and Underage Drinking. A May campaign focused on underage drinking related to prom & graduation. Over 1,000 students were educated about underage drinking & marijuana as well as 237 parents. Four TIPs trainings were conducted with 41 participants.

**Objective 2:** The Sheriff's office conducted 62 alcohol compliance checks with 71% in compliance; and 67 tobacco compliance checks with 91% in compliance

Objective 3: Two community/faith-based groups were funded to implement tobacco prevention initiatives for youth – Community Unity In Action & Our Lady of the Mountains Youth. Approximately 180 individuals were reached through their strategies.

Objective 4: Frostburg City Police conducted 9 saturation patrols resulting in a variety of violations. The Sheriff's Office conducted 40 alcohol compliance checks in the Frostburg area with an 87% compliance rate. The Real Deal program was implemented in all Mt. Ridge High School Health Classes. The Frostburg Community Coalition newsletter was created and was disseminated in April to college and high schools students as well as the general community.

Objective 5: 206 pregnant women were assessed at Tri-State Women's Health Center using the 4P's Plus tool. Women were assessed for tobacco, alcohol, marijuana and drug use, as well as depression and domestic violence, and were referred to the appropriate services.

**Estimated dollar amount needed to achieve goal:**

See matrix

**GOAL 2:** Enhance comprehensive prevention program pertaining to high risk drinking and drug use among college students.

**Objective 1:** To maintain the Alcohol Task Force and Community Campus Coalition to address substance abuse issues for college students. (FSU)

**Objective 2:** To review University policies, strengthen responsible business practices, and to consistently enforce University policies, state laws and local ordinances. (FSU)

**Objective 3:** Examine the impact of academic policies and practices upon student high risk drinking behaviors. (FSU)

**Goal 2 Performance Target:** To reduce the use of alcohol and other substances among the students of Frostburg State University.

**Progress:** (To be reported as applicable every six months)

No report was available as the Coalition/DFC Coordinator and her supervisor have both resigned from their positions.

**Estimated dollar amount needed to achieve goal:**

Maintain current funding amounts. See matrix

## **#2 Priority: OPIOID & OVERDOSE PREVENTION**

**Goal 1: Reduce the number of prescription drugs in the county by continuing to provide opportunities for community to safely dispose of their unused and/or expired medications throughout FY 16 & 17.**

**Objective 1:** Provide safe opportunities for community to dispose of unused or outdated medications.

**Goal 4 Performance Target:** Over 150 pounds of medications will be collected through permanent drop off sites.

**Progress:** (To be reported as applicable every six months)  
Objective 1: 359.8 lbs of medications were collected

**Estimated dollar amount needed to achieve goal:**  
Maintain current funding amounts. See matrix

**Goal 2: TBD – Opioid Misuse Prevention Program**

## **#3 Priority: TREATMENT**

**GOAL 1:** Provide integrated continuum of efficient and effective treatment services.

**Objective 1:** Maintain 31 adult residential ASAM Level III.7, II.5, and II.1 beds for the treatment of substance abuse disorders at the Massie Unit. (Massie Unit)

**Objective 2:** Maintain 26 adolescent residential ASAM Level III.7, II.5, and II.1 beds for the treatment of substance abuse disorders. (Jackson Unit)

**Objective 3:** Provide ASAM Level 1 (Outpatient) substance abuse treatment services to an average of 147 patients per month. (ACHD)

**Objective 4:** Provide ASAM Level II.1 (IOP) substance abuse treatment services to an average of 22 patients per month. (ACHD)

**Objective 5:** Provide Buprenorphine Treatment services to an average of (5) patients per month. (ACHD)

**Objective 6:** Maintain 80 (Medication Assisted Treatment) MAT “ASAM Level I” slots for the treatment of Opioid abuse disorders using Buprenorphine (Suboxone). (Western Maryland Health System)

**Objective 7:** Maintain an average of 5 admissions per month in Occupational Health Buprenorphine Detox program. (Western Maryland Health System)

**Goal 1 Performance Target:** Reduce the negative consequences of substance abuse in the treated population.

**Progress:** (To be reported as applicable every six months)

Objective 1: The average utilization rate on the Massie Unit was 92%. Staff shortage continues to be an issue.

Objective 2: The average utilization rate on the Jackson Unit is 86%. This is a substantial increase.

Objective 3: ASAM Level 1 (Outpatient) substance abuse treatment services were provided to an average of 108 patients per month. We also had clinical staff members out on extended sick leave until April and a clinician vacancy for the month of June.

Objective 4: ASAM Level II.1 (IOP) substance abuse treatment services were provided to an average of 27 patients per month.

Objective 5: Buprenorphine Treatment services were provided to an average of 6 patients per month during this time period.

Objective 6: Western Maryland Health System continues to maintain 80 MAT slots for treatment.

Objective 7: Western Maryland Health Systems Buprenorphine Detox Program averages 5 admissions per month.

**Estimated dollar amount needed to achieve goal:**

Maintain current funding amounts. See matrix

#### **#4 Priority: RECOVERY SUPPORT SYSTEMS**

**Goal 1:** Utilize five peer recovery support specialists to enhance the treatment and recovery process. (ACHD)

**Objective 1:** Utilize peer specialists to maximize client engagement. (Massie/Jackson/OP Addictions)

**Objective 2:** Utilize peer specialists in the continuing care process. (OP Addictions)

- Objective 3:** Utilize peer specialists to introduce clients to self-help groups. (OP Addictions)
- Objective 4:** Utilize peer specialists to support and assist patients and with their daily regimen, including accompanying them to appointments and treatment activities. (Massie/Jackson)

**Goal 1 Performance Target:** Enhance the treatment and recovery process for clients.

**Progress:** (To be reported as applicable every six months)

Objective 1: Massie is utilizing 1 peer specialist & Jackson Unit is utilizing 2 peer specialists. In OP, peer specialists are utilized on a regular basis to maximize a patients engagement i.e., phone calls and sessions.

Objective 2: Peer specialists continued to make contact within the continuing care process with patients upon being successfully discharged from treatment. They provided 78 contacts during this time period.

Objective 3: Peer Specialists provided 383 services during this time period.

Objective 4: Massie & Jackson peer specialists are assisting staff with daily regimen, appointments, and treatment activities. They are also offering individual & group recovery support activities.

**Estimated dollar amount needed to achieve goal:**

Maintain current funding amounts. See matrix

**Goal 2:** Implement comprehensive Recovery Services to clients served at the Behavioral Health Addictions Program. (ACHD)

- Objective 1:** Provide state care coordination services to an average of 30 clients per month. (ACHD)
- Objective 2:** Provide Maryland Recovery Net services to all clients that meet eligibility requirements. (Massie/OP Addictions)

**Goal 2 Performance Target:** Approximately 30 clients per month will receive Care Coordination Services.

**Progress:** (To be reported as applicable every six months)

Objective 1: Provided state care coordination services to an average of 14 clients per month in OP.

Objective 2: Massie continues to provide Maryland Recovery Net services to all eligible clients. OP provided Maryland Recovery Net services to 8 clients that meet eligibility requirements.

**Estimated dollar amount needed to achieve goal:**

Maintain current funding amounts. See matrix

**#5 Priority: DRUG COURT**

**Goal 1:** Develop and implement a drug court by July 1, 2016. (State's Attorney's Office)

- Objective 1:** Develop a county Drug Court Committee comprised over community partners.
- Objective 2:** Present information to local judges for their consideration of its implementation.
- Objective 3:** Continue research into the development of a drug court system in Allegany County.
- Objective 4:** Research funding options available for installation and functioning of a drug court in Allegany County.

**Goal 1 Performance Target:**

**Progress:** (To be reported as applicable every six months)

- Objective 1: Committee has been formed with team members and stake holders.
- Objective 2: The Honorable Jeffrey Getty has agreed to serve as the presiding judge for the Pilot Allegany County Drug Treatment Court and hearings have been regularly conducted since May 2016. As of 1 July 2016 there are five (5) active participants in the Drug Treatment Court Program.
- Objective 3: Pilot Drug Treatment Court has been established in Allegany County on a very limited basis until additional funding can be achieved.
- Objective 4: The Committee has secured tentative grant funding for a Drug Court Coordinator. The Committee will be meeting with Gray Barton of the Administrative Office of the Courts on 18 July 2016 to discuss this application.

**Estimated dollar amount needed to achieve goal:**

(TBD)

**#6 Priority: GAMBLING**

**Goal 1:** Develop and implement prevention & treatment strategies to reduce problem gambling in Allegany County.

**Objective 1:** Incorporate problem gambling topics into prevention outreach efforts. (ACHD)

**Objective 2:** Integrate gambling treatment services in outpatient and residential programs. (ACHD)

**Goal 1 Performance Target:** Enhance the treatment and recovery process for clients.

**Progress:** (To be reported as applicable every six months)

Objective 1: A media campaign was implemented in March for National Gambling Prevention month. Surveys were administered to interested health fair attendees. Approximately 6,800 individuals were reached.

Object 2: Massie & Jackson Units are conducting gambling assessments & discussing gambling in multiple aspects of treatment. Massie Unit had its first primary gambling patient from Washington County completing treatment in November. The Maryland Center of Excellence on Program Gambling staff was instrumental in making this patient's treatment a success. Massie & Jackson Unit staff attended training in November at ACM on gambling offered by MD Center of Excellence on Problem Gambling.

**Estimated dollar amount needed to achieve goal:**  
(TBD)